RIALTO UNIFIED SCHOOL DISTRICT

Bakery Occupations Instructor (ROP) Job Description PHYSICAL DEMANDS
Page -2-

Physical class:

Moderate lifting - 40 pounds maximum with occasional lifting and/or carrying objects weighing up to 40 pounds.

Work area requirements:

Culinary Kitchen area, regular classroom, parking lot, and possibly field trips. Ability to use common school hand tools, computer, telephone and photocopy machine. Ability to traverse any part of the campus which would include asphalt, sidewalks and garden areas.

Physical requirements:

The time requirements are listed considering this wording and meaning:

Occasionally/low - up to 3 hours Frequently/Medium - 3 to 6 hours Constantly/High - 6 to 8 hours

Stooping: Occasionally Push/Pull: Occasionally Bending: Occasionally Carrying: Frequently Lifting: Frequently Occasionally Standing: Occasionally Kneeling: Not required Reaching:

Handling: Frequently Sitting: 0 or may sit 60 minutes a day

Crouching: Occasionally *Driving: Must have ability to get to in-service meetings

Grasping: Frequently Walking: Frequently

Fingering: Frequently

Frequent motion:

Twisting: Frequently Elbow flexion/extension: Frequently Wrist flexion: Frequently Reaching to shoulder level: Occasionally Forward shoulder/neck flexion: Occasionally Reaching below shoulder level: Frequently

Reaching to above shoulder level: Occasionally to put up classroom bulletin boards or decorations

Sensory requirements:

Ability to see: Constantly Ability to smell: Constantly
Ability to hear: Constantly Ability to touch: Constantly

Ability to talk: Constantly

Must be able to deal with these environmental considerations:

Odor: Not required Heat: Has own air conditioning/heating may break down Humidity: Yes, occasionally Noise: Must be able to work around "productive noise" Moisture: Not required Floor may be slippery at times: Yes, when painting Floorescent lights: Yes, all day long Working in close quarters with others: Yes, all day long

Working inside: 95% of the day Working outside: 5% of the day

This job requires:

Alertness: Yes The use of two hands: Yes Attention to detail: Yes Recall of names and dates: Yes

Ability to work in temperatures down to 40 degrees and up to 110 degrees.

Ability to deal with psychological factors:

Team work: Yes Must keep up with schedule: High Frustration: Medium Able to work overtime as needed: High Repetitive tasks: Yes Dealing with angry parents, students: Yes

Level of responsibility: High

Physiological factors:

Orientation to time, place or person: Yes

Ability to read at 12th grade level: Yes

Must maintain a high level of consciousness: Yes

Ability to comprehend and follow directions: Yes

Able to keep up a high activity level during the shift: Yes

^{*}Possession of a current California Driver's license, a DMV printout and the ability to be covered by the company auto insurance is required.